



# Healthy Utah Community: Mini-Grants Report

## Funding Health in Cities and Towns

In 2022, Get Healthy Utah provided [mini-grants](#) to communities interested in improving the health and wellness of their residents. Communities could apply for up to \$5,000 for a project that improved access to healthy food, physical activity, or good mental health.

Priority was given to communities that had earned the Healthy Utah Community designation, or were in process of applying. Communities could choose a project from the [Healthy Utah Community strategy list](#) or choose one of their own.

## Project Details

### Deweyville



Deweyville used the funds from Get Healthy Utah to increase the accessibility of Deweyville Park and to add outdoor pickleball courts. The community installed concrete walkways around the park restroom facilities and an access ramp to the outside bowery to be in compliance with ADA requirements. One pickleball court was poured during the grant period, and a second pickleball court is scheduled to be poured in the summer of 2023.

### Goshen

Goshen is actively raising money to improve the playground facilities at their local ballpark. The money provided by Get Healthy Utah is being used as needed matching funds to apply for larger grants. Goshen is optimistic that with the traction gained from this mini-grant, they will soon secure the full funding necessary to install a high-quality community playground for their residents.

## Indigenous International

Get Healthy Utah awarded grants to Indigenous International to improve food security among Tribal Nations by establishing community gardens. The gardens will be established in Utah County and will provide fresh produce for Native Americans living both on and off reservations in Utah. The funding will be used to purchase hydroponics stations and needed supplies.

## Kanab



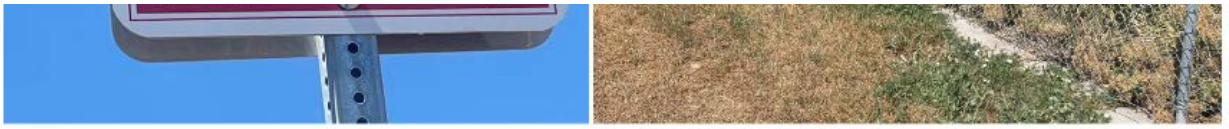
Kanab City used the funding to enhance and expand its community fitness programs in a way that would not have been possible due to the recreation department's limited budget. The funds allowed Kanab to develop and implement an adult yoga program, purchase equipment for youth sports teams, and purchase pickleball and tennis equipment for their outdoor courts. The new yoga classes are offered three days a week at the local library, and basketballs and volleyballs were distributed to each child that registered for the the sports programs in the 1st/2nd grade division and 3rd/4th grade division.

## Kearns

Kearns is using the funds to help build a community garden on the grounds of the Hope Unlimited Community Church, which is the location of one of the busiest food banks on the the west side of the Salt Lake Valley. The onsite community garden will address food insecurity by providing the food bank with fresh produce, as well as providing community members a space to plant their own gardens.

## Magna





Magna utilized the funding to encourage residents to get outside and get active. Part of the grant was used to add road signs to the local cemetery that encourages walkers and runners to use the path for exercise, increasing the amount of paved walkways available for public use. The rest was allocated to complete fencing around a local dog park.

## Millville



Millville used the mini-grant funds to complete a walking loop around one of their local parks and beautify the area by planting fourteen trees. Without the additional funding, the park would not have been fully completed in 2023. The walking loop would have remained partially finished and there would have been less vegetation. Millville residents have already reached out to thank the city for this addition.

## Monticello



Monticello used the mini-grant to improve food security and access to healthy food by creating economic opportunities for local food producers. The funds were used for an annual subscription and set-up fee for Barn2Door, a website that allows farmers to sell their goods online directly to consumers. The Monticello's Farmers Market also secured the ability to accept SNAP benefits, and a Small Food Business and Home Producer Conference was tentatively scheduled for August, but was postponed until February 2023 for a larger participation.

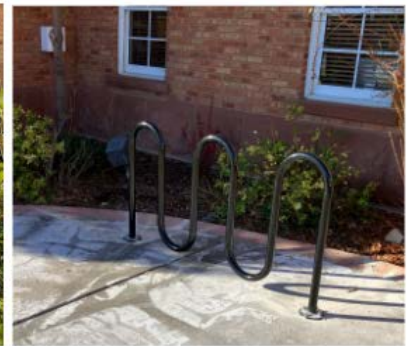
## Ogden





Ogden is using the grant funds to install a flashing light crosswalk at the corner of Jefferson and 24th Street, increasing pedestrian access to Lester Park, the Golden Hours Senior Center, and Ogden's Main Library. The corner is located in a low-income neighbor with low rates of physical activity, and has been identified as a dangerous location to cross because it is at the top of a hill with limited visibility for pedestrians and cyclists. The flashing crosswalk will increase pedestrian safety and create a main thoroughfare for vulnerable populations to access key city locations and opportunities for outdoor physical recreation.

## Washington City



Washington City used the funding from this grant to install a bike rack in front of the City Office Building. The project was chosen by the Washington City Active Transportation Committee, in conjunction with an increased focus from city leaders to promote healthy habits and lifestyles. Residents were encouraged to bike as opposed to drive when possible, and with the increased bicycle traffic, it was noted that a bike rack was not available for residents to properly secure their bicycles as they arrived at work or came to the city offices to conduct business. The funds were used to purchase a bike rack, concrete, and to prepare the landscape for installation.

## Woods Cross

Woods Cross recently introduced Marathon Kids to its residents, a self-paced program to encourage youth to exercise one mile at a time until they have completed the equivalent of a full marathon. The program concludes with a 5k run sponsored by the city. Woods Cross used the grant funds to print promotional materials for the program, design a participant medal, and purchase the participant medals for the fun run. Approximately 100 participants signed up for the program, and they expect continued growth over the spring and into the summer.

## Vineyard





Vineyard utilized the grant to expand their community garden to an area more convenient to a nearby senior community and to install raised beds for gardeners who need them. The expansion doubles the size of the community garden and will be open in the Spring of 2023, allowing Vineyard to award boxes to 40 gardeners, of which 8 will be raised. The funding was used to purchase all of the supplies needed for the new location (such as garden boxes, soil and mulch, and gloves/carts for gardeners), as well as educational materials. Vineyard lacks a grocery store, and the community garden provides an important location for residents to grow their own produce, as well as attend classes on pickling, salsa-making, yoga, and pest control.