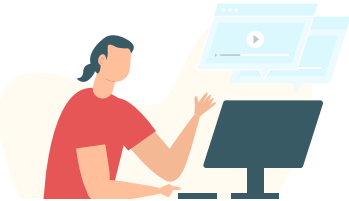


# SUPPORTING HEALTHY UTAH COMMUNITY EFFORTS WHILE FOLLOWING CURRENT GUIDELINES

Wondering how your community can complete the **Healthy Utah Community** criteria while following current COVID-19 related guidelines? Here are some helpful tips. For specific questions, please contact us at [info@getthehealthyutah.org](mailto:info@getthehealthyutah.org).



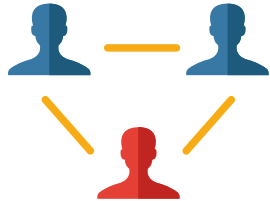
## Meet Virtually

Coalitions can meet virtually to discuss community needs and support health-related efforts. There are many free video conferencing platforms available.



## Provide Resources Online

Share resources via email, webinars, training videos, social media, and newsletters to encourage healthy lifestyles.



## Work With Local Health Departments

Work with your local health department to understand specific guidelines and precautions for public places and events. Community partners can help you think creatively about how to safely meet the needs of your residents.



## Encourage Face Coverings

The use of face coverings in public places can help keep the community safe and healthy.



## Create Healthy And Active Streets

Creating open, active living spaces by closing lanes of traffic to vehicles can provide additional opportunities for residents to be active.



## Remember The Most Vulnerable

Learn more about the vulnerable populations in your community. Many individuals, including people of color, low-income families, and rural residents often have less access to opportunities for healthy living. Create and support efforts that ensure **all** residents can be healthy.

